



ADSS FORUM 2026

LIFELONG LEARNING INSTITUTE



EARLY BIRD

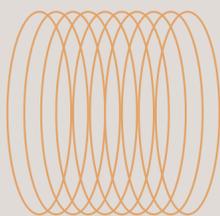
MEMBERS: 170 SGD
NON-MEMBERS 220 SGD
OHT/STUDENTS/AUX:
80SGD

NORMAL PRICE

MEMBERS: 200 SGD
NON- MEMBERS: 250
SGD
OHT/STUDENTS/AUX:
120 SGD

15
MARCH, 2026

09:00 AM - 5:00 PM



**7 CDE
POINTS**

SIGN UP NOW



SCAN ME



DR JOE LIM

Closing the Gap: Injection Moulding meets Anatomical Matrices



DR BRYAN TOO

Posterior Restorations: Tips & Tricks You Can Put into Practice on Monday



DR ANTHONY TAY

Rejuvenate your practice with same day dentistry workflow



SOMANO LUANG PHAXAY

The Aesthetic Zone: Choosing the right ceramic materials



DR DARRELL ONG

The Pink Half of the Smile: Periodontal Plastic Surgery to Optimize Aesthetic Outcomes



DR FOO YOU HAN

Management of Caries Defect Prior to Bonded Restorations

Registration & Cancellation Policies

1. Registration will be valid upon full payment
 2. Cancellation of registration must be made in writing or email to Aesthetic Dentistry Society Singapore.
 3. Cancellation received before *8th March 2026* will be granted a 50% refund.
 4. There will be no refunds for cancellations from 8th March 2026 onwards or for non-attendance.
- ADSS reserve the rights to amend any part of the programme without giving prior notice and to cancel or postpone, change the venue, date and/or time of the event.

TIME Table

Time	
8:00AM - 8:55AM	REGISTRATION
8:55 AM- 09:00AM	INTRODUCTION AND ADDRESS
9:00AM - 10:00AM	DR JOE LIM: Closing the Gap: Injection Moulding meets Anatomical Matrices
10:00AM- 10:15AM	<u>TEA BREAK</u>
10:15AM-11:15AM	DR BRYAN TOO: Posterior Restorations: Tips & Tricks You Can Put into Practice on Monday
11:15AM -12:15PM	DR ANTHONY TAY: Rejuvenate your practice with same day dentistry workflow
12:15PM - 1:15PM	<u>LUNCH BREAK</u>
1:15PM - 2:15PM	SOMANO LUANG PHAXAY: The Aesthetic Zone: Choosing the right ceramic materials
2:15PM - 3:15PM	DR FOO YOU HAN: Management of Caries defect prior to bonded restorations
3:15PM - 3:30PM	<u>TEA BREAK</u>
3:30PM - 4:30 PM	DR DARRELL ONG: The Pink Half of the Smile: Periodontal Plastic Surgery to Optimize Aesthetic Outcomes
4:30PM - 5:00PM	<u>Q&A AND FINAL ADDRESS</u>

Brought to you by:





Dr. Joe Lim is a Bioclear™ Certified Practitioner and educator who advocates for conservative and long-lasting restorative solutions. Currently the Head of Training for the SAF Military Dentistry program, he leverages his leadership background to teach guided workflows that make complex

procedures simple to master. Combining his experience as a former Head Dental Officer (MINDEF) with his role as an industry Key Opinion Leader, Dr. Joe empowers fellow clinicians to achieve predictable, high-quality results through efficient clinical protocols.



Closing the Gap: Injection Moulding meets Anatomical Matrices

Open gingival embrasures or "Black Triangles" are a pervasive aesthetic and functional challenge in modern dentistry. Traditional treatments often involve invasive procedures or unpredictable bonding techniques. This lecture introduces the injection molding technique—utilizing heated composites and anatomically shaped matrices—as a conservative solution. Participants will discover how to transform these complex cases into simple, guided, and predictable procedures that deliver long-lasting, monolithic restorations.

Learning Objectives:

1. Understand the Core Principles: Master the rationale behind heated composite injection, matrix systems, and the structural advantages of creating monolithic restorations.
2. Master the Clinical Workflow: A step-by-step walkthrough of anterior black triangle closure, with a specific focus on guided protocols for matrix selection, injection techniques, and finishing.
3. Refine Case Selection: Learn to identify suitable indications—including black triangles, diastema closures, and peg laterals—while avoiding common pitfalls through evidence-based case analysis.
4. Ensure Long-Term Success: Review advanced finishing and polishing protocols to maintain aesthetics and health, alongside patient care strategies for durable outcomes.





Dr. Darrell Ong is a Singapore-trained dentist with advanced training from Columbia University College of Dental Medicine, where he obtained his Master of Science in Periodontics. He is a Fellow of the Royal College of Dentists of Canada and holds American Board Certification in Periodontology and Implant Dentistry.

Dr Ong has a strong clinical and academic interest in periodontal regeneration, implant dentistry, and microsurgical techniques. He is actively involved in teaching as a part-time undergraduate clinical instructor at the National University of Singapore and is a regular speaker at regional and international dental conferences. His work has been recognised through multiple awards for clinical excellence and research, and he continues to contribute to the advancement of contemporary periodontal and implant practice.



The Pink Half of the Smile: Periodontal Plastic Surgery to Optimize Aesthetic Outcomes

Aesthetic outcomes are influenced as much by soft tissue as by teeth. This lecture will highlight the role of the “pink half” of the smile and demonstrate how periodontal plastic surgery can enhance predictability and harmony in aesthetic dentistry. Common clinical scenarios will be discussed with a focus on diagnosis, treatment planning, and recognising when soft tissue intervention may be beneficial. By the end of the lecture, participants will have a clearer understanding of how periodontal plastic surgery can support aesthetic dentistry, how early soft tissue assessment can simplify treatment planning, and how effective interdisciplinary collaboration can lead to improved outcomes for both clinicians and patients.





Dr. Anthony Tay received his Bachelor of Dental Science from the University of Melbourne, Australia, in 2003. He returned to Singapore in 2006, where he has been involved in full time metropolitan private practices. He is the clinical director of his clinic, The Dental Gallery Pte Ltd. As a general practitioner, he delivers a comprehensive range of dental services

with special interests in composite rehabilitation, restorative dentistry and minimal intervention dentistry. He is a 2-term President of the Aesthetic Dentistry Society Singapore, as well as the past vice-president of the Academy of Cosmetic Dentistry (Singapore). Since 2020, he is elected Vice Chairman of the Chinese Academy of Aesthetic Dentistry. In addition, Dr Tay is actively involved in continuing dental education for his peers. He has published in various media, including Dentaltown and Dental Asia magazines. Dr Tay regularly conducts workshops and lectures on the topic of composite in Singapore and overseas. He is a current trainer and Key Opinion Leader with Ivoclar and GC. He is also a certified DMG ICON trainer.



Rejuvenate your practice with same day dentistry workflow

Join us as we explore the transformative power of same-day digital dentistry and ceramic milling workflow. This technology enables you to create esthetic crowns and other ceramic prostheses efficiently.

Incorporating same-day dentistry can boost efficiency, accuracy, and patient satisfaction. It allows for precise fits and aesthetics, with or even without a milling machine.

The process involves:

- Teeth preparation
- Digital impression
- In-office design and milling fabrication
- Patient delivery, all in one day



We'll discuss the initial investment, setup, and workflow integration, as well as common challenges.

Clinical cases will demonstrate the predictability of this workflow, showcasing examples such as onlay, veneer, and crown.





Dr. Foo You Han is a general dentist that works in his own practice, Nova Dental Clinic located at Petaling Jaya, Malaysia for the past 6 years. He graduated from University of Padjadjaran, Bandung, Indonesia from the year 2014. He is well trained in bonded restoration, both direct and indirect restorations, and has a special interest in aesthetic, restorative and implant dentistry.

He is currently a KOL of Ultradent Products, and has given lectures and workshops internationally. and have been invited to speak in cities, such as Tokyo, Jakarta, Mysore, Kenya, Hoi An and also locally in Kuala Lumpur. He was an active member in Malaysian Dental Association, establishing a toastmasters club, as well as also taking the role as the Vice President of MDA Private Practitioner Section (2024).



Management of Caries Defect Prior to Bonded Restorations

Dental Caries are a common phenomenon patient comes to our clinic to solve. In this lecture, we will cover how we prepare the teeth before bonding procedures. This will include the management of pulp vitality and types of caries removal techniques. Also, it's important to discuss the methods to gain effective tooth isolation before bonding procedure, as this will impact the longevity of the restorations. In some severe sub gingival defects, where bonding is not recommended, some alternatives will be mentioned.

- Diagnosis of Reversible & Irreversible Pulpitis
- Caries removal techniques: Selective vs Conservative
- Vital Pulp Therapy: Indication/ Contraindications & How it's done
- Teeth Isolation Techniques
- Restoring Teeth with Subgingival Defects





Somano Luang Phaxay is a dental technician with a strong focus on aesthetic ceramics and smile design. He received his formal training in dental technology in 1998 from CEPAL (Dental Technology) in Nancy, France, and further honed his skills through a 3-month internship at the Ivoclar Vivadent International Training Center in Schaan, Liechtenstein, working alongside dentists and technicians.

He is actively involved in teaching and conducting masterclasses in ceramics for dental technicians and dentists across the Asia region. He is member of the Oral Design International Foundation founded by Mr Willi Geller and partnered with Dontia Alliance and Dontia Digital Innovations, focusing on aesthetic cases ranging from single central restorations to complex full-mouth rehabilitations, delivering high-level aesthetic outcomes through ceramics, smile design and multidisciplinary collaboration.



The Aesthetic Zone: Choosing the right ceramic materials

Somano will share his clinical and laboratory experience working with different ceramic materials to achieve highly aesthetic outcomes in everyday practice. He will discuss techniques to overcome dark and light stump shades to achieve natural results using lithium disilicate, feldspathic and zirconia ceramics. The session will cover material selection, opacity and translucency choices across different clinical scenarios, from single central restorations to full smile design cases. Ideal tooth preparation designs required to achieve optimal aesthetic results will also be shared.





Dr Bryan Too is a Canadian dentist who graduated from McGill University in Montréal, Québec, Canada. After receiving his Doctor of Dental Medicine (DMD), he did an Advanced Education in General Dentistry (AEGD) in Connecticut, USA, treating patients in a hospital setting before relocating to Singapore. He worked at a private clinic seeing an even mix of children and adults, and then in 2019 set up his own private clinic, Dental Forté at Royal Square in Novena.

Dr Bryan puts a strong emphasis on continuing education with a particular focus on functional aesthetics, adhesive dentistry, and implant dentistry. Most recently, he has graduated from the Kois Center for Advanced Dentistry in Seattle, and is now a Key Opinion Leader for GC. As someone who embraces the journey of lifelong learning, Dr Bryan aims to provide high quality treatment and an exceptional experience to patients of all ages.



Posterior Restorations: Tips & Tricks You Can Put into Practice on Monday

Posterior restorations are the cornerstone of clinical dentistry, yet their highly technique-sensitive natures make them some of the most challenging procedures to perform well. The objective of every restoration is to achieve long-lasting, functional, and (ideally) aesthetic outcomes, while eliminating post-operative sensitivity/discomfort. Consistently accomplishing this enhances patient satisfaction and trust, brings greater professional fulfilment and pride in our work, and reduces the stress of unpredictable outcomes and patient complaints. This lecture will present different techniques and practical step-by-step protocols to deliver these results, illustrated through real-world cases and clinical scenarios that we face every day. These strategies are designed for immediate application in practice, ready to be implemented with your very next patient.

